

Active Parenting

JOIN US IN OUR POSITIVE PARENTING GROUP!



Learn strategies to:

- Strengthen Parenting Skills
- Reduce stress
- Encourage behavior you like
- How to handle problem behaviors
- Building stronger relationships
- Self-Care for you

Who is this group for?

- First 6 weeks: Parents of children under 13 years old
- Second 6 weeks: Parents of children 13 and over

What to expect?

- Group sessions
- Time: 1 hour and 30 minutes
- Cost: Based on a sliding scale of \$10-20/proof of income
- Date: Tuesday's @ 5pm

Please contact CLU Community Counseling Center for additional assessment

(805) 493-3390

31416 Agoura Road #115

Westlake Village, CA 91361

Facilitators: Vanessa Rosales, MFT Trainee, Christopher Joice, MFT Trainee

Supervisor: Jeff Appell, Ph.D. PSY #15490, MFT 28890