

## **Community Counseling Services of California Lutheran University**

### **Good Faith Estimate Notice**

Pursuant to the No Surprises Act, you have the right to receive a “Good Faith Estimate” explaining how much your mental health care will cost.

Under this law, health care providers are required to give patients who don’t have insurance or who are not using insurance an estimate of the expected charges for medical services, including psychotherapy services. Please note the Community Counseling Services (“CCS”) clinics operate on a sliding scale and do not accept insurance.

You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency healthcare services, including psychotherapy services.

You can ask your health care provider, and any other provider you choose, for a Good Faith Estimate before you schedule a service. At the CCS clinics, we cannot provide the estimate until your fee is established by Proof of Income. Typically we can provide the Good Faith Estimate by the second or third session.

If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill. Make sure to save a copy or picture of your Good Faith Estimate.

For questions or more information about your right to a Good Faith Estimate, visit [www.cms.gov/nosurprises](http://www.cms.gov/nosurprises) or call (800) 985-3059.