Over 30 years of
experience helping improve
relationships, mood difficulties,
and anxiety. We work with
our clients to help cope with
challenging life issues.

# California Lutheran University

COMMUNITY COUNSELING SERVICES

### Westlake Village

31416 Agoura Rd #115 Westlake Village, CA 91361 (805) 493-3390

### **Oxnard**

2200 Outlet Center Drive #470 Oxnard, CA 93030 (805) 493-3059

clucounseling.org

California Lutheran University

# Community Counseling Services

Individual • Children • Couples Family • Group Services



## Who We Serve

Community Counseling Services of
California Lutheran University provides
affordable counseling to the families,
children, couples and individuals of Ventura
and Western LA counties. Services are
provided in English or Spanish by graduate
trainees pursuing their Master's or Doctoral
degrees. The trainees are closely supervised
by experienced licensed clinicians. We serve
1,000 clients annually and provide over
14,000 sessions per year. Our clinics value
diversity and individuals of all identities.
We provide multiculturally-sensitive and
LGBTQ-affirming services.

# **Specialized Programs**

As well as providing counseling services in our general clinic, we offer specialized programs in intimate partner violence (IPV), dialectical behavior therapy (DBT), acceptance and commitment therapy (ACT), and firefighter/EMS assistance. We also provide group therapy for a variety of topics depending on client needs, such as parenting groups and empowerment groups.

## Cost

Fees are based on an assessment of after-tax household income and the number of dependents living in the home. The cost of every intake (first in-person appointment) is \$20 and most clients pay between \$20 and \$50 for individual therapy sessions and \$10 per session for group therapy. For those in need, we work to access grant funding to assist with temporary fee reductions. The clinic does not take insurance.

# How to Make an Appointment

If you would like to begin services at one of our clinics, please call the clinic that is most conveniently located near you. During your initial phone call, we will talk with you about our services, gather some general information about why you are seeking counseling, and schedule a first appointment. You will work with your counselor in the first appointment to see if Community Counseling Services is the best fit for you.

# Contact the Location Nearest You



Westlake Village 31416 Agoura Rd. #115 Westlake Village, CA 91361

(805) 493-3390



### **Oxnard**

2200 Outlet Center Dr., Suite #470 Oxnard, CA 93030 (805) 493-3059

### **HOURS**

**Monday - Thursday** 9 AM - 9 PM

> **Friday** 9 AM – 5 PM

Saturday - Sunday Closed

