
For over 40 years, we have been
improving relationships, treating
mood difficulties and assisting
with challenging life issues.



COMMUNITY COUNSELING SERVICES

3273 S. Campus Drive
Thousand Oaks, CA 91360

805-493-3390
clucounseling.org

California Lutheran University

California Lutheran University

Community Counseling Services

Adults • Children • Couples • Families



Who We Serve

Community Counseling Services provides affordable in-person and telehealth services to families, children, couples and adults in Ventura and Western LA counties. Therapy and assessment services are provided by graduate trainees pursuing their Master's or Doctoral degrees. The trainees are closely supervised by experienced licensed clinicians. Each year, we serve 1,000 clients and provide over 10,000 sessions. Our clinics value diversity and individuals of all identities. We provide multiculturally-sensitive and LGBTQ-affirming services in English or Spanish.

Specialized Programs

While our primary focus is counseling, we also provide assessment services and offer specialized treatment modalities such as Dialectical Behavior Therapy (DBT) and Acceptance and Commitment Therapy (ACT). We periodically offer group therapy on a variety of topics, depending on client interest.

Cost

Fees are based on a review of before-tax household income and the number of dependents living in the home. Most clients pay between \$25 and \$75 for therapy sessions. Please contact us for more information regarding fees for group sessions and psychological assessments. For those in need, we work to secure grant funding to help cover temporary fee reductions. The clinic does not take insurance.

How to Make an Appointment

If you would like to be seen at our clinic, please call the number provided. During the phone call, we will discuss our services and schedule an initial screening. At the screening, you will work with a counselor to see if Community Counseling Services is the best fit for you.

We look forward to serving you in our new building on the beautiful Cal Lutheran campus



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HOURS

Monday–Thursday
9 a.m.–8 p.m.

Friday
9 a.m.–5 p.m.

Saturday–Sunday
Closed